

FOOTSTEPS CHILD CARE SWIM CAMP 2023

WHAT TO BRING CHECKLIST



AT HOME

- Please dress the child in their swim clothes. A 2-piece tankini or rash guard with bottoms is recommended for girls
- Apply sunscreen, the teachers will reapply at lunch and before free swim
- Sweatshirt or Jacket – it can be cold in the mornings
- Wear close-toed play shoes, we go to playgrounds before heading to swim

TO PACK IN BACKPACK

Please provide a bag large enough to fit all of your child's belongings. **Please label everything with your child's first initial and last name!** If it can be lost it will be lost. This includes shirts, shorts, shoes, underpants, towels, hats, etc.

- Rash Guard
- Goggles
- Hat
- Towel
- Sunscreen

LUNCH

- Nonperishable food items – add a cold pack as needed to keep foods cool
- Waterproof shoes for the pool deck & changing area - flip flops or 'crock-like' shoes
- 'Wet' / 'Dry' bags for clothes -
- Extra socks & underpants

LUNCH BOX

- Extra snacks as needed, we will provide AM & PM Snacks
- Frozen water, juice, or yogurts

*Candy & Soda Not Allowed

QUICK TIPS

- Your child should wear their SPF 50 Rash Guard every day, Footsteps provides one for each camper. **Rash guards should not be dried in the dryer, it will lose its SPF protection.**
- Please do not send extra toys, personal/valuable items
- Electronics of any kind are not allowed
- Please review your child's bag with them so they are aware of what they have inside.
- Rinsing after swimming will be available,
- **Please label everything with your child's first initial and last name!** If it can be lost it will be lost. This includes shirts, shorts, shoes, underpants, towels, hats, etc.

