




# Footsteps@Redwood Creek

## February 2022 Meal Menu

Monday	Tuesday	Wednesday	Thursday	Friday
	1 <b>AM Snack</b> Cereal with Milk <b>Lunch</b> Chicken Super Nuggets <b>PM Snack</b> Graham Crackers and Sunbutter	2 <b>AM Snack</b> Hard Boiled Eggs with Apples <b>Lunch</b> Spinach and Cheese Ravioli <b>PM Snack</b> Saltines, Cheese and Turkey	3 <b>AM Snack</b> Waffles with Blueberries <b>Lunch</b> Cheesy Black Bean Pupasas <b>PM Snack</b> Wheat Thins Cucumbers and Ranch	4 <b>AM Snack</b> Bagel & Cream Cheese <b>Lunch</b> Cheesy Black Bean Pupasas <b>PM Snack</b> Goldfish, String Cheese and Edamame
7 <b>AM Snack</b> Oatmeal & Raisins <b>Lunch</b> BBQ Chicken <b>PM Snack</b> Ritz Crackers, Cheese and Turkey	8 <b>AM Snack</b> Yogurt & Granola <b>Lunch</b> Three Cheese Tortellini <b>PM Snack</b> Graham Crackers and Sunbutter	9 <b>AM Snack</b> Cereal with Milk <b>Lunch</b> Chicken Super Nuggets <b>PM Snack</b> Saltines, Cheese and Turkey	10 <b>AM Snack</b> Mini Muffins <b>Lunch</b> Chicken Potstickers <b>PM Snack</b> Ritz Crackers, Cheese and Turkey	11 <b>AM Snack</b> Hard Boiled Eggs with Apples <b>Lunch</b> BBQ Chicken <b>PM Snack</b> Goldfish, String Cheese and Edamame
14 <b>AM Snack</b> Waffles with Blueberries <b>Lunch</b> Penne and Kaley Turkey Meatballs <b>PM Snack</b> Goldfish, String Cheese and Edamame	15 <b>AM Snack</b> Cereal with Milk <b>Lunch</b> Chicken Super Nuggets <b>PM Snack</b> Graham Crackers and Sunbutter	16 <b>AM Snack</b> Hard Boiled Eggs with Apples <b>Lunch</b> Spinach and Cheese Ravioli <b>PM Snack</b> Saltines, Cheese and Turkey	17 <b>AM Snack</b> Waffles with Blueberries <b>Lunch</b> Cheesy Black Bean Pupasas <b>PM Snack</b> Wheat Thins Cucumbers and Ranch	18 <b>CLOSED FOR</b> PROFESSIONAL DEVELOPMENT DAY
21 <b>CLOSED FOR</b> PRESIDENT'S DAY	22 <b>AM Snack</b> Mini Muffins <b>Lunch</b> Chicken Super Nuggets <b>PM Snack</b> Celery with Sunbutter and Crackers	23 <b>AM Snack</b> Oatmeal & Raisins <b>Lunch</b> BBQ Chicken <b>PM Snack</b> Ritz Crackers, Cheese and Turkey	24 <b>AM Snack</b> Yogurt & Granola <b>Lunch</b> Mac and Three Cheese <b>PM Snack</b> Graham Crackers and Sunbutter	25 <b>AM Snack</b> Cereal with Milk <b>Lunch</b> Chicken Potstickers <b>PM Snack</b> Saltines, Cheese and Turkey
28 <b>AM Snack</b> Waffles with Blueberries <b>Lunch</b> Cheesy Black Bean Pupasas <b>PM Snack</b> Wheat Thins Cucumbers and Ranch				

Lunch is provided to our subsidized families through: 		Each snack is served with water or milk (Whole milk for ages 1-2 and 2% milk for ages 2+) and an in Season Fresh Fruit or Vegetable	
Meal:	Served with:	 	
BBQ Chicken	Cheesy Corn Grits and Peas		
Mac and Three Cheese	Invisible Butternut Squash and Carrots		
Spinach and Cheese Ravioli	Veggie Marinara Sauce		
Three Cheese Tortellini	Kale Pesto		
Penne and Kaley Turkey Meatballs	Veggie Marinara Sauce and Broccoli		
Chicken Super Nuggets	Sweet Potato Mash and Peas		
Chicken Super Nuggets	Sweet Potato Carrot Poppers and Broccoli		