

LITTLE FOOTSTEPS

SEPTEMBER 2022 SNACK MENU



Children are served milk or water with each snack daily

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
29	30	31	1	2
AM: Cereal & Fruit PM: Crackers & fruit salad	AM: Pancakes & Fruit PM: Crackers & String Cheese	AM: Hawaiian Rolls & Fruit PM: Snap Pea Crisps & Fruit	AM: Animal Crackers & Fruit PM: Carrots & Ranch	AM: Fig Bars PM: Trail Mix & Cheese
5	6	7	8	9
Footsteps Child Care Closed in Honor of Labor Day	AM: Cereal & Fruit PM: Crackers & cheese	AM: Waffles PM: Mini sandwich	AM: Yogurt and Fruit PM: Goldfish & Fruit	AM: Bagel & Fruit PM: Fruit Salad & Crackers
12	13	14	15	16
AM: Cereal & Fruit PM: Graham Crackers & Fruit	AM: Pancakes & Fruit PM: Mini Sandwich & Fruit	AM: Toast with Jelly & Fruit PM: Veggie Sticks and Fruit	AM: Fig Bar and Fruit PM: Mini Sandwich & Fruit	AM: Animal crackers PM: Yogurt & Granola
19	20	21	22	23
AM: Cereal & Fruit PM: Veggie Sticks	AM: Yogurt and Fruit PM: Goldfish & Fruit	AM: Animal Crackers & Fruit PM: Smoothies & Crackers	AM: Hawaiian Rolls & Fruit PM: Snap Pea Crisps & Fruit	AM: Waffles PM: Crackers & cheese
26	27	28	29	30
AM: Cereal W/Raisins & Fruit PM: Apple Sauce & Crackers	AM: Waffles PM: Crackers and Turkey	AM: Yogurt & Granola PM: Trail mix	AM: Waffles & Fruit PM: Tortilla Chips with Salsa & Fruit	AM: Cheerios & Raisins PM: Smoothies & Crackers