

# LITTLE FOOTSTEPS

## NOVEMBER 2022 SNACK MENU



Children are served milk or water with each snack daily

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1	2	3	4
	AM: Yogurt and Fruit PM: Goldfish & Fruit	AM: Animal Crackers & Fruit PM: Carrots & Ranch	AM: Yogurt and Fruit PM: Rice cake & Fruit	AM: Bagel & Fruit PM: Fruit Salad & Crackers
7	8	9	10	11
AM: Cereal & Fruit PM: Graham Crackers & Fruit	AM: Pancakes & Fruit PM: Crackers & String Cheese	AM: Fig Bar and Fruit PM: Mini Sandwich & Fruit	AM: Waffle & Fruit PM: Cracker Mix	<b>FOOTSTEPS CHILD CARE CLOSED IN HONOR OF VETERAN'S DAY</b>
14	15	16	17	18
AM: Yogurt with Granola PM: Veggie Sticks	AM: Toast with topping PM: String cheese & crackers	AM: Hawaiian Rolls & Fruit PM: Snap Pea Crisps & Fruit	AM: Waffles & Fruit PM: Tortilla Chips with Salsa & Fruit	AM: Cheerios & Raisins PM: Smoothies & Crackers
21	22	23	24	25
AM: Cereal & Fruit PM: Graham Crackers & Fruit	AM: Yogurt and Fruit PM: Rice cake & Fruit	AM: Pancakes & Fruit PM: Mini Sandwich & Fruit	<b>FOOTSTEPS CHILD CARE CLOSED - THANKSGIVING BREAK</b>	
28	29	30		
AM: Cereal W/Raisins & Fruit PM: Apple Sauce & Crackers	AM: Yogurt and Fruit PM: Goldfish & Fruit	AM: Bagel & Fruit PM: Fruit Salad & Crackers		