

# FOOTSTEPS@SHORES

## SEPTEMBER 2019 SNACK MENU



Children are served milk or water with each snack daily

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	3	4	5	6
Footsteps Child Care Closed in Honor of Labor Day	Goldfish & Fruit	Cheese & Turkey	Pita Bread & Hummus	Ants on a Log
9	10	11	12	13
Wheat Thins & Fruit	Bagels & Cream Cheese	Yogurt & Berries	Jelly Sandwich	Granola Bars & Fruit
16	17	18	19	20
Popcorn & Fruit	Apple Sauce & Grahams	Chex Mix & Fruit	Cereal & Milk	Croissants & Fruit
23	24	25	26	27
Cereal & Milk	Rice Cakes & Fruit	Tortilla Chips & Salsa	Rice & Seaweed	Fig Bars & Fruit
30				
Snack Mix & Fruit				