

## THEME: *Growing Up Healthy*

*Our activities are selected based on the eight domains we use to guide the design and implementation of our curriculum and to measure a child's development & growth over time.*

### LANGUAGE & LITERACY DEVELOPMENT

- Letters of the week (Bb, Rr, and Kk)
- Down by the bay rhyming song
- Create a card for a friend /family member
- Do you like broccoli ice cream Song

### SPECIAL EVENTS & ACTIVITIES

- FRIDAY 2/14 -Valentine's Day Celebration
- MONDAY 2/17-FRIDAY 2/21—Shores Preschool Closed for Mid-Winter Break
- SHARE DAY: Fridays
- FRIDAY 2/28—Dentist Visit

### COGNITION INCLUDING MATH & SCIENCE

- Collage lunch bag
- Healthy foods
- Giant shape match
- Trace the shapes
- 3D object match
- Build and count with Legos

### APPROACHES TO LEARNING SELF-REGULATION

- How are we safe ?
- I raise my hand
- Super friends
- All the children are sleeping



## Healthy Habits



### VISUAL & PERFORMING ARTS

- Germ art
- Mosaic art
- Valentine's q tip craft
- Tape resist art

### SOCIAL EMOTIONAL DEVELOPMENT

- Friendship flower
- Rainbow fish
- Emotion face mask
- Table manners

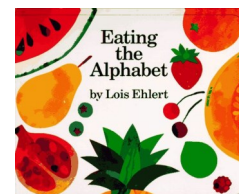


### PHYSICAL DEVELOPMENT & HEALTH

- Healthy cereal bracelets
- Torn paper healthy fruits/vegetables
- PE with Coach JR
- Body awareness activity

### ENGLISH LANGUAGE DEVELOPMENT

- Vegetables we like
- Apples and bananas song
- Hokey pokey



### HISTORY & SOCIAL SCIENCE

- Which foods are healthy for my teeth?
- Go, grow, glow foods
- Friendship fruit salad
- Trace and measure your foot