


Footsteps@Redwood Creek

September 2022 Meal Menu

Monday	Tuesday	Wednesday	Thursday	Friday
			1 AM Snack Yogurt & Granola Lunch Three Cheese Tortellini PM Snack Apples and Sun Butter	2 AM Snack Waffles with Blueberries Lunch Penne & Kale Turkey Meatballs PM Snack Seaweed and Club Crackers
5 Closed for Labor Day	6 AM Snack Bagel & Cream Cheese Lunch Chicken Burrito Bowl PM Snack Ritz Crackers & String Cheese	7 AM Snack Cereal with Milk Lunch Broccoli Bites PM Snack Seaweed and Club Crackers	8 AM Snack Hard Boiled Eggs with Apples Lunch Spinach and Cheese Ravioli PM Snack Goldfish	9 AM Snack Yogurt & Granola Lunch Penne & Kale Turkey Meatballs PM Snack Graham Crackers
12 AM Snack Yogurt & Granola Lunch Penne & Kale Turkey Meatballs PM Snack Graham Crackers	13 AM Snack Bagel & Cream Cheese Lunch Spinach and Cheese Ravioli PM Snack Ritz Crackers & String Cheese	14 AM Snack Cereal with Milk Lunch Three Cheese Tortellini PM Snack Apples and Sun Butter	15 AM Snack Waffles with Blueberries Lunch Chicken Burrito Bowl PM Snack Goldfish	16 AM Snack Bagel & Cream Cheese Lunch Broccoli Bites PM Snack Seaweed and Club Crackers
19 AM Snack Waffles with Blueberries Lunch Penne & Kale Turkey Meatballs PM Snack Seaweed and Club Crackers	20 AM Snack Hard Boiled Eggs with Apples Lunch Broccoli Bites PM Snack Goldfish	21 AM Snack Bagel & Cream Cheese Lunch Chicken Burrito Bowl PM Snack Apples and Sun Butter	22 AM Snack Cereal with Milk Lunch Spinach and Cheese Ravioli PM Snack Ritz Crackers & String Cheese	23 AM Snack Yogurt & Granola Lunch Three Cheese Ravioli PM Snack Graham Crackers
26 AM Snack Bagel & Cream Cheese Lunch Chicken Burrito Bowl PM Snack Apples and Sun Butter	27 AM Snack Cereal with Milk Lunch Spinach and Cheese Ravioli PM Snack Graham Crackers	28 AM Snack Yogurt & Granola Lunch Penne & Kale Turkey Meatballs PM Snack Ritz Crackers & String Cheese	29 AM Snack Hard Boiled Eggs with Apples Lunch Broccoli Bites PM Snack Seaweed and Club Crackers	30 AM Snack Waffles with Blueberries Lunch Three Cheese Ravioli PM Snack Goldfish

Lunch is provided to our subsidized families through: 

Each snack is served with water or milk (Whole milk for ages 1-2 and 2% milk for ages 2+) and an in Season Fresh Fruit or Vegetable

Meal:	Served with:
Broccoli Bites	Sweet Potato Carrot Poppers & Green Beans
Chicken Burrito Bowl	Broccoli and Sweet Potato Poppers
Spinach and Cheese Ravioli	Veggie Marinara Sauce
Three Cheese Tortellini	Kale Pesto
Penne & Kale Turkey Meatballs	Veggie Marinara Sauce and Broccoli

