

Footsteps@Redwood Creek

February 2024 Meal Menu

Monday	Tuesday	Wednesday	Thursday	Friday
			1 AM Snack Cereal with Milk Lunch Mac and Three Cheese PM Snack Ritz with Cheese	2 AM Snack Waffles Lunch Chicken Super Nuggets PM Snack Graham Crackers
5 AM Snack Pancakes Lunch Ancient Grain Cheesy Sticks PM Snack Rice Cakes with Cream Cheese	6 AM Snack Bagel & Cream Cheese Lunch The All Star PM Snack Grilled Cheese	7 AM Snack Hard Boiled Eggs Lunch Chicken Pot Stickers PM Snack Pretzels	8 AM Snack Yogurt Parfaits Lunch Veggie Tender Parm PM Snack Chips and Salsa	9 AM Snack Cereal with Milk Lunch Mac and Three Cheese PM Snack Ritz with Cheese
12 AM Snack Waffles Lunch Chicken Super Nuggets PM Snack Graham Crackers	13 AM Snack Bagel & Cream Cheese Lunch The All Star PM Snack Grilled Cheese	14 AM Snack Hard Boiled Eggs Lunch Chicken Pot Stickers PM Snack Pretzels	15 AM Snack Yogurt Parfaits Lunch Veggie Tender Parm PM Snack Chips and Salsa	16 AM Snack Cereal with Milk Lunch Mac and Three Cheese PM Snack Ritz with Cheese
19 Closed for President's Day	20 AM Snack Waffles Lunch Chicken Super Nuggets PM Snack Graham Crackers	21 AM Snack Pancakes Lunch Ancient Grain Cheesy Sticks PM Snack Rice Cakes with Cream Cheese	22 AM Snack Hard Boiled Eggs Lunch Chicken Pot Stickers PM Snack Pretzels	23 Closed Professional for Development
26 AM Snack Yogurt Parfaits Lunch Veggie Tender Parm PM Snack Chips and Salsa	27 AM Snack Cereal with Milk Lunch Mac and Three Cheese PM Snack Ritz with Cheese	28 AM Snack Waffles Lunch Chicken Super Nuggets PM Snack Graham Crackers	29 AM Snack Bagel & Cream Cheese Lunch The All Star PM Snack Grilled Cheese	1 AM Snack Yogurt Parfaits Lunch Veggie Tender Parm PM Snack Chips and Salsa

Lunch is provided to our subsidized families through:  Each snack is served with water or milk (Whole milk for ages 1-2 and Fat Free milk for ages 2+) and an in Season Fresh Fruit or Vegetable

Meal:	Served with:
Mac and Three Cheese	invisible butternut squash and carrots
Chicken Super Nuggets	sweet potato carrot poppers and broccoli
The All Star	mac and cheese, chicken super nuggets and broccoli
Chicken Pot Stickers	brown rice and quinoa veggie stir fry and edamame
Veggie Tender Parm	peas
Ancient Grain Cheesy Sticks	green poppers and butternut squash

