# THEME: FRIENDSHIP, LEARNING & MORE LOVE!

Our activities are selected based on the eight domains we use to guide the design and implementation of our curriculum and to measure a child's development & growth over time.

## **LANGUAGE & LITERACY DEVELOPMENT**

The focus is on repetition, ensuring the children are learning from every situation. Focusing on speaking and singing songs to the children and integrate different languages and approaches of learning. Lastly, teachers should be a guide for step by step learning situations.

### APPROACHES TO LEARNING SELF-REGULATION

Infants need the most co-regulation support when they are upset and unable to regulate their own emotions. You can promote self-regulation development by being warm and responsive and providing physical comfort to help babies calm down and to remember infants are exploring their world and we are constantly learning with them, and they are learning from us.

#### **COGNITION INCLUDING MATH & SCIENCE**

Math skills help our children connect ideas, develop logical and abstract thinking, analyze, question and simply understand the world around them. Our children are developing curiosity, imagination, flexibility, inventiveness and persistence. Science instructs the children about the world around them and teaches them more about themselves.

# **HISTORY & SOCIAL SCIENCE**

Self-development, emotions, family, community, the animals, sharing, taking turns and being able to approach friends being gentle and building relationships with peers.

## **SPECIAL EVENTS & ACTIVITIES**

- Friday 2/17: Footsteps@Redwood Creek Closed for Professional Development Day
- Monday 2/20: Footsteps Child Care Closed in Honor of President's Day















## SOCIAL EMOTIONAL DEVELOPMENT

Why is playing games of peek-a-boo, talking, singing and mimicking their sounds and emotions are important?

Taking turns and sharing. Building positive relationships with adults and peers. Nurturing adults and responsive teachers help the children learn how to be in relationships, how to get their wants and needs met and lastly, how to identify and regulate their emotions.

## **ENGLISH LANGUAGE DEVELOPMENT**

Imitating speech sounds, some children are already saying a few words such as mamaòand rdadaò Also, some children are able to identify rCome hereòand they come to us, they are easily understanding simple **instructions**. Recognizing words for common items such as rshoeò and understanding the concept of turning and looking in the direction of sounds.

## **VISUAL & PERFORMING ARTS**

Messy free paint, hand printing, colors red, white and pink, tummy time finger painting, soft toys vs hard rubber toys, comparisons with different objects and lastly sensory experiences using our monthly theme as the guide.

### PHYSICAL DEVELOPMENT & HEALTH

Movement, dancing, exploring and seeing what little bodies are capable of doing. Stretching, yoga and exercise helps our little friends find the power of their bodies.

THEME: FRIENDSHIP & FEELINGS

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### LANGUAGE & LITERACY DEVELOPMENT

Friendship Flowers **Snow Sensory** 

## APPROACHES TO LEARNING SELF-REGULATION

**Feelings Chart Emotion Faces** Sign Language fl Love Youò

## SOCIAL EMOTIONAL DEVELOPMENT

Pass the Ice Cream Sharing Activity Friendship Poster

## **ENGLISH LANGUAGE DEVELOPMENT**

Silly iPad Friendship Books Librarian Visits On Thursdays!

# **SPECIAL EVENTS & ACTIVITIES**

- Friday 2/17: Footsteps@Redwood Creek Closed for Professional Development Day
- Monday 2/20: Footsteps Child Care Closed in Honor of President's Day
- Thursdays—Librarian Visits & reads stories!















### **COGNITION INCLUDING MATH & SCIENCE**

Sharing Is Caring Slime In All Colors Melting Colored Ice Cube Edible Playdough

### **VISUAL & PERFORMING ARTS**

Classroom Friendship Quilt Playdough Emotion Faces

# PHYSICAL DEVELOPMENT & HEALTH

Friendship Qualities Playdough Emotion Faces **Collecting Leaves** Nature Walk

# **HISTORY & SOCIAL SCIENCE**

Feelings Tree Coffee Filter Hearts









THEME: FRIENDSHIP

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### LANGUAGE & LITERACY DEVELOPMENT

"Do You Want To Be My Friend?" By Eric Carle Learning Letter F Icy Alphabet Hunt Valentine ©s Day Alphabet Treasure Hunt

## APPROACHES TO LEARNING SELF-REGULATION

Windsock Toilet Paper Roll Friendship Necklaces Heart Animals Color By Numbers Template Find The Letter Heart Sensory Bin

# SOCIAL EMOTIONAL DEVELOPMENT

Rescue The Heart Feelings Tree **Emotions Play Dough** 

## **ENGLISH LANGUAGE DEVELOPMENT**

Shadow Puppet Heart Names How Do Dinosaurs Play With Their Friends? Happy Valentine's Day Mouse!

### **HISTORY & SOCIAL SCIENCE**

Valentine Science Valentine Lava Lamp Mini Paper Plate Dinosaur Frozen Hearts, Fizzing Hearts Candy Heart Oobleck Sensory Science Valentine às Bubble Science Valentine Sensory Bottles

## **SPECIAL EVENTS & ACTIVITIES**

- Friday 2/17: Little Footsteps **Closed for Professional Develop**ment Day
- Monday 2/20: Footsteps Child Care Closed in Honor of Presi-













### **COGNITION INCLUDING MATH & SCIENCE**

**Counting Heart Wands** Dinosaur Handprint Art Valentine Cards Valentine Heart Crystals? Make Play Dough Friendship Recipe Friendship Salad Fruit Loop Friendship Bracelet Sweet Valentine & Day Sensory Bin

## PHYSICAL DEVELOPMENT & HEALTH

Valentine Scissors Heart Hopscotch Big Heart Jumping Music Hearts ABC Pass The Ice Cream Sharing Activity

## **VISUAL & PERFORMING ARTS**

**Bubble Wrap Printed Hearts** Paper Plate Love Bug Cotton Ball Heart Tissue Paper Ball Heart Wreath Shadow Make Valentine Day Cards **Bubble Wrap Printed Hearts** Valentine Puffy Paint Art Friendship Collage Friendships Garden I Love You Card





THEME: RANDOM ACTS OF KINDNESS

Our activities are selected based on the eight domains we use to guide the design and implementation of our curriculum and to measure a child's development & growth over time.

### LANGUAGE & LITERACY DEVELOPMENT

Valentine 3 Day Letter Punch "Try A Little Kindness, Taste Your Words" "There Was An Old Lady Who Swallowed A Rose!"

# **APPROACHES TO LEARNING SELF-REGULATION**

Talk About What Acts Of Kindness We Use In The Classroom With Classmates & Teachers

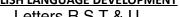
## SOCIAL EMOTIONAL DEVELOPMENT

Kindness Tree Paper Chain Of Kindness How Was I Kind Today Jar How Others Are Kind To Me Flowers

### **ENGLISH LANGUAGE DEVELOPMENT**

Letters R,S,T & U Ten Little Valentineôs "Have You Filled A Bucket Today?" Writing Kind Notes To Our Special People

Valentine's Day











## **SPECIAL EVENTS & ACTIVITIES**

- Friday 2/17: Footsteps@Redwood Creek Closed for Professional Development Day
- Monday 2/20: Footsteps Child Care Closed in Honor of President's Day

We will learn about acts of kindness, the ways we can be kind to others.







# **COGNITION INCLUDING MATH & SCIENCE**

Popsicle Portrait Stick Frame Color Changing Volcano Experiment Skittles Rainbow Experiment

# **VISUAL & PERFORMING ARTS**

Salt & Glue Watercolor Hearts **Dream Catchers** Paper Plate Love Bird Love Bug Name Craft Valentine \$\hat{o}\$ Day Letters Paper Plates Hot Air Balloons Birthday Self Portraits Acting Out Examples Of Kindness With Dolls

## PHYSICAL DEVELOPMENT & HEALTH

Musical Heart Circle Time Make The Heart Ball In The Buckets Blow Me A Kiss Pompom Race, Musical Chairs

## **HISTORY & SOCIAL SCIENCE**

What Is Valentine's Day How Can We Apply Random Acts Of Kindness In Our Everyday Life?



