

**THEME: *FRIENDSHIP, LEARNING & MORE LOVE!***

*Our activities are selected based on the eight domains we use to guide the design and implementation of our curriculum and to measure a child's development & growth over time.*

**LANGUAGE & LITERACY DEVELOPMENT**

The focus is on repetition, ensuring the children are learning from every situation. Focusing on speaking and singing songs to the children and integrate different languages and approaches of learning. Lastly, teachers should be a guide for step by step learning situations.

**APPROACHES TO LEARNING SELF-REGULATION**

Infants need the most co-regulation support when they are upset and unable to regulate their own emotions. You can promote self-regulation development by being warm and responsive and providing physical comfort to help babies calm down and to remember infants are exploring their world and we are constantly learning with them, and they are learning from us.

**COGNITION INCLUDING MATH & SCIENCE**

Math skills help our children connect ideas, develop logical and abstract thinking, analyze, question and simply understand the world around them. Our children are developing curiosity, imagination, flexibility, inventiveness and persistence. Science instructs the children about the world around them and teaches them more about themselves.

**HISTORY & SOCIAL SCIENCE**

Self-development, emotions, family, community, the animals, sharing, taking turns and being able to approach friends being gentle and building relationships with peers.

**SPECIAL EVENTS & ACTIVITIES**

- **Friday 2/17: Footsteps@Redwood Creek Closed for Professional Development Day**
- **Monday 2/20: Footsteps Child Care Closed in Honor of President's Day**

kindness

**SOCIAL EMOTIONAL DEVELOPMENT**

Why is playing games of peek-a-boo, talking, singing and mimicking their sounds and emotions are important?

Taking turns and sharing. Building positive relationships with adults and peers. Nurturing adults and responsive teachers help the children learn how to be in relationships, how to get their wants and needs met and lastly, how to identify and regulate their emotions.

**ENGLISH LANGUAGE DEVELOPMENT**

Imitating speech sounds, some children are already saying a few words such as 'mama' and 'dada'. Also, some children are able to identify 'Come here' and they come to us, they are easily understanding simple **instructions**. Recognizing words for common items such as 'shoe' and understanding the concept of turning and looking in the direction of sounds.

**VISUAL & PERFORMING ARTS**

Messy free paint, hand printing, colors red, white and pink, tummy time finger painting, soft toys vs hard rubber toys, comparisons with different objects and lastly sensory experiences using our monthly theme as the guide.

**PHYSICAL DEVELOPMENT & HEALTH**

Movement, dancing, exploring and seeing what little bodies are capable of doing. Stretching, yoga and exercise helps our little friends find the power of their bodies.

**THEME: *FRIENDSHIP & FEELINGS***

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**LANGUAGE & LITERACY DEVELOPMENT**

Friendship Flowers  
Snow Sensory

**APPROACHES TO LEARNING SELF-REGULATION**

Feelings Chart  
Emotion Faces  
Sign Language ñ Love Youò

**SOCIAL EMOTIONAL DEVELOPMENT**

Pass the Ice Cream Sharing Activity  
Friendship Poster

**ENGLISH LANGUAGE DEVELOPMENT**

Silly iPad  
Friendship Books  
Librarian Visits On Thursdays!

**SPECIAL EVENTS & ACTIVITIES**

- **Friday 2/17: Footsteps@Redwood Creek Closed for Professional Development Day**
- **Monday 2/20: Footsteps Child Care Closed in Honor of President's Day**
- **Thursdays—Librarian Visits & reads stories!**

**COGNITION INCLUDING MATH & SCIENCE**

Sharing Is Caring  
Slime In All Colors  
Melting Colored Ice Cube  
Edible Playdough

**VISUAL & PERFORMING ARTS**

Classroom Friendship Quilt  
Playdough Emotion Faces

**PHYSICAL DEVELOPMENT & HEALTH**

Friendship Qualities  
Playdough Emotion Faces  
Collecting Leaves  
Nature Walk

**HISTORY & SOCIAL SCIENCE**

Feelings Tree  
Coffee Filter Hearts



**THEME: *FRIENDSHIP***

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**LANGUAGE & LITERACY DEVELOPMENT**

*"Do You Want To Be My Friend?"*

By Eric Carle

Learning Letter F Icy Alphabet Hunt

Valentine's Day Alphabet

Treasure Hunt

**APPROACHES TO LEARNING SELF-REGULATION**

Windsock Toilet Paper Roll

Friendship Necklaces Heart Animals

Color By Numbers Template

Find The Letter Heart Sensory Bin

**SOCIAL EMOTIONAL DEVELOPMENT**

Rescue The Heart Feelings Tree

Emotions Play Dough

**ENGLISH LANGUAGE DEVELOPMENT**

Shadow Puppet Heart Names

*How Do Dinosaurs Play With*

*Their Friends?*

*Happy Valentine's Day Mouse!*

**HISTORY & SOCIAL SCIENCE**

Valentine Science

Valentine Lava Lamp

Mini Paper Plate Dinosaur

Frozen Hearts, Fizzing Hearts

Candy Heart Oobleck Sensory Science

Valentine's Bubble Science

Valentine Sensory Bottles

**SPECIAL EVENTS & ACTIVITIES**

- **Friday 2/17: Little Footsteps Closed for Professional Development Day**
- **Monday 2/20: Footsteps Child Care Closed in Honor of Presi-**

**COGNITION INCLUDING MATH & SCIENCE**

Counting Heart Wands

Dinosaur Handprint Art

Valentine Cards

Valentine Heart Crystals?

Make Play Dough

Friendship Recipe Friendship Salad

Fruit Loop Friendship Bracelet

Sweet Valentine's Day Sensory Bin

**PHYSICAL DEVELOPMENT & HEALTH**

Valentine Scissors Heart Hopscotch

Big Heart Jumping

Music Hearts ABC

Pass The Ice Cream Sharing Activity

**VISUAL & PERFORMING ARTS**

Bubble Wrap Printed Hearts

Paper Plate Love Bug

Cotton Ball Heart

Tissue Paper Ball Heart Wreath Shadow

Make Valentine Day Cards

Bubble Wrap Printed Hearts

Valentine Puffy Paint Art

Friendship Collage Friendships Garden

I Love You Card





**THEME: *RANDOM ACTS OF KINDNESS***

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**LANGUAGE & LITERACY DEVELOPMENT**

Valentine's Day Letter Punch  
*"Try A Little Kindness, Taste Your Words"*  
*"There Was An Old Lady  
 Who Swallowed A Rose!"*

**APPROACHES TO LEARNING SELF-REGULATION**

Talk About What Acts Of Kindness We  
 Use In The Classroom  
 With Classmates & Teachers

**SOCIAL EMOTIONAL DEVELOPMENT**

Kindness Tree  
 Paper Chain Of Kindness  
 How Was I Kind Today Jar  
 How Others Are Kind To Me Flowers

**ENGLISH LANGUAGE DEVELOPMENT**

Letters R,S,T & U  
 Ten Little Valentine's  
*"Have You Filled A Bucket Today?"*  
 Writing Kind Notes To Our  
 Special People

**SPECIAL EVENTS & ACTIVITIES**

- **Friday 2/17: Footsteps@Redwood Creek Closed for Professional Development Day**
- **Monday 2/20: Footsteps Child Care Closed in Honor of President's Day**

We will learn about acts of kindness, the ways we can be kind to others.

**COGNITION INCLUDING MATH & SCIENCE**

Popsicle Portrait Stick Frame  
 Color Changing Volcano Experiment  
 Skittles Rainbow Experiment

**VISUAL & PERFORMING ARTS**

Salt & Glue Watercolor Hearts  
 Dream Catchers  
 Paper Plate Love Bird  
 Love Bug Name Craft  
 Valentine's Day Letters  
 Paper Plates Hot Air Balloons  
 Birthday Self Portraits  
 Acting Out Examples Of  
 Kindness With Dolls

**PHYSICAL DEVELOPMENT & HEALTH**

Musical Heart Circle Time  
 Make The Heart Ball In The Buckets  
 Blow Me A Kiss Pompom Race,  
 Musical Chairs

**HISTORY & SOCIAL SCIENCE**

What Is Valentine's Day  
 How Can We Apply Random Acts Of  
 Kindness In Our Everyday Life?



be  
 KIND  
 TO OTHERS.

