

FOOTSTEPS@RAMS

SEPTEMBER 2019 SNACK MENU



Children are served milk or water with each snack daily

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	3	4	5	6
Footsteps Child Care Closed in Honor of Labor Day	Graham Crackers Jelly Fresh Fruit	Taco Salad Chips & Salsa Fresh Fruit	Bagels Cream Cheese Fresh Fruit	Popcorn String Cheese Fresh Fruit
9	10	11	12	13
Goldfish String Cheese Fresh Fruit	English Muffins Jelly Fresh Fruit	Cheese Quesadilla Wheat Thins Fresh Fruit	Ritz Crackers String Cheese Fresh Fruit	Cereal 1% Milk Fresh Fruit
16	17	18	19	20
Saltines Crackers Strawberry Jelly Fresh Fruit	Soft Pretzels Mustard Fresh Fruit	Chicken Noodle Soup String Cheese Fresh Fruit	Pita Chips Hummus Fresh Fruit	Animal Crackers String Cheese Fresh Fruit
23	24	25	26	27
Trail Mix String Cheese Fresh Fruit	Nilla Wafers 1% Milk Fresh Fruit	Fruit Smoothies Toasted Bread Fresh Fruit	Wheat Thins String Cheese Fresh Fruit	Pizza Bites Toasted Bread Fresh Fruit