

THEME: ALL ABOUT ME

Our activities are selected based on the eight domains we use to guide the design and implementation of our curriculum and to measure a child's development & growth over time.

LANGUAGE & LITERACY DEVELOPMENT

My Body Book
 Body Parts Song
 My Family Book
 My Name Isé
 All About Me Song
 Heads, Shoulders, Knees, Toes Song

APPROACHES TO LEARNING SELF-REGULATION

Follow The Chalk Line
 Scooping & Pouring
 Oil & Water Sensory Bag
 Dancing With Scarves
 Popping Bubbles
 Emotional Plates

SOCIAL EMOTIONAL DEVELOPMENT

Shoe Face Photos
 Express My Feelings
 I Like Myself
 We Are Different, We Are the Same
 Big & Tall
 Me & My Body Art

ENGLISH LANGUAGE DEVELOPMENT

B Is for Body
 F Is for Finger
 Names Of My Body Parts
 F Is for Family
 C Is for Culture
 Paper Plate Self Portraits

SPECIAL EVENTS & ACTIVITIES

- **Monday, 9/6—Footsteps Child Care closed in honor of Labor Day**



COGNITION INCLUDING MATH & SCIENCE

Puzzle Faces
 Big & Tall Activity
 Who Am Eye?
 My Finger Prints Are Unique
 Mr. Potato Head
 All About Me Activity

VISUAL & PERFORMING ARTS

Mirror
 All About Me Hand
 Letter H For Hands
 I Am Special Art Project
 Mr. Leaf
 My Personal Frame

PHYSICAL DEVELOPMENT & HEALTH

Painting People
 Washing Baby Dolls
 Tracing My Body
 Head, Shoulders, Knees, Toes
 Movements
 Step & Go Dance

HISTORY & SOCIAL SCIENCE

My Handprints
 Make A Face Collage
 My House
 Decorate Our Traced Body
 Sponge Painting

THEME: COMMUNITY HELPERS

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LANGUAGE & LITERACY DEVELOPMENT

Brush Away Finding the Letters
When I Grow Up Book
Helpers In My Community
Fire Sensory Writing Activity

APPROACHES TO LEARNING SELF-REGULATION

Mindful Music
Emotional Expression Painting
Practice Mindfulness
Feelings Check Off List
5-Finger Breathing

SOCIAL EMOTIONAL DEVELOPMENT

Monster Feelings
Glad Monster & Sad Monster
Emotion Stones
Emotions Feelings Popsicle Sticks

ENGLISH LANGUAGE DEVELOPMENT

Community Helpers Words
Community Workers Matching
Game Words
Hammer Letter
Matching Mail Letters

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- **Friday 9/16 - Dentist Visit at 10:00 AM**

COGNITION INCLUDING MATH & SCIENCE

Science Exploration
X-Ray Handprint
Community Helpers Sensory
Stethoscope
How Many Teeth Do We Have?

VISUAL & PERFORMING ARTS

Firefighter Hat
Police Badge
Painting A Tooth
Tissue Paper Fire Art
Fire Slime
Chef Hat

PHYSICAL DEVELOPMENT & HEALTH

Wellness Checkup Pretend Play
Finding Fingerprints
Turning Off the Fire Pretend Play
Dr. Kit Pretend Play

HISTORY & SOCIAL SCIENCE

Matching Community Helpers
Letter Soup
Matching Puzzle
Puzzle Community
Police Clothing Changes



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LANGUAGE & LITERACY DEVELOPMENT

*Whose Tools Are These?
When I Grow Up
Helpers In My Community*

APPROACHES TO LEARNING SELF-REGULATION

Introduction Of Rainbow Fish
Introduction Of PDAs –
Positive Descriptive
Acknowledgements

SOCIAL EMOTIONAL DEVELOPMENT

Tucker The Turtle Techniques –
Taking Time to Think

ENGLISH LANGUAGE DEVELOPMENT

Community Helpers A to Z Chart

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COGNITION INCLUDING MATH & SCIENCE

Slime Activity
How Many Teeth Do You Have?

VISUAL & PERFORMING ARTS

Fireman & Hand Print Activity
Police Car Paper Plate
Dentist Art Activity
First Aid Kit Activity

PHYSICAL DEVELOPMENT & HEALTH

Run Run the Fire Truck Song
A To Z Yoga Movement

HISTORY & SOCIAL SCIENCE

Where Is the Fire Station?
Where Is the Post Office?

