

Footsteps@Nesbit Puma Cubs

Jan-25

Monday	Tuesday	Wednesday	Thursday	Friday
		1 HAPPY NEW YEAR SCHOOL CLOSED	2 AM Snack Waffles Lunch Mac and Three Cheese PM Snack Ritz & String Cheese	3 AM Snack Toast & Eggs Lunch Penne and Kaley Turkey Meatballs PM Snack Veggie Straws
6 AM Snack Cereal with Milk Lunch Cheesy Black Bean Pupusas PM Snack Cheese Its	7 AM Snack Oatmeal & Dried Fruit Lunch Chicken Super Nuggets PM Snack Pretzels with Dried Fruit	8 AM Snack Veggie & Fruit Smoothie & Toast Lunch BBQ Chicken PM Snack Chickpea Crackers	9 AM Snack Waffles Lunch Mac and Three Cheese PM Snack Wheat Thins & Cheese	10 AM Snack Mini Muffins & Eggs Lunch Chicken Super Nuggets PM Snack Chips & Salsa
13 AM Snack Cereal with Milk Lunch Mac and Three Cheese PM Snack Fig Bar	14 AM Snack Oatmeal & Dried Fruit Lunch Penne and Kaley Turkey Meatballs PM Snack Goldfish	15 AM Snack Veggie & Fruit Smoothie & Toast Lunch Cheesy Black Bean Pupusas PM Snack Potstickers	16 AM Snack Waffles Lunch Chicken Super Nuggets PM Snack Chex Mix	17 AM Snack Toast & Eggs Lunch BBQ Chicken PM Snack Potluck
20 NO SCHOOL MLK DAY	21 AM Snack Oatmeal & Dried Fruit Lunch Chicken Super Nuggets PM Snack Pirates Booty	22 AM Snack Veggie & Fruit Smoothie & Toast Lunch BBQ Chicken PM Snack Belvita Crackers & Cream Cheese	23 AM Snack Waffles Lunch Cheesy Black Bean Pupusas PM Snack Graham Crackers	24 AM Snack Mini Muffins & Eggs Lunch Cheesy Black Bean Pupusas PM Snack Nutrigrain Bar
27 AM Snack Cereal with Milk Lunch Cheesy Black Bean Pupusas PM Snack Snack Mix	28 AM Snack Oatmeal & Dried Fruit Lunch Chicken Super Nuggets PM Snack Veggies Crackers	29 AM Snack Veggie & Fruit Smoothie & Toast Lunch Cheesy Black Bean Pupusas PM Snack Z Bar	29 AM Snack Waffles Lunch Mac and Three Cheese PM Snack Dino Nuggets	30 AM Snack Toast & Eggs Lunch Chicken Super Nuggets PM Snack Potluck
Lunch is provided to our subsidized families through: 		Each snack is served with water or milk (Whole milk for ages 1-2 and 2% milk for ages 2+) and an in Season Fresh Fruit or Vegetable		
Meal:	Served with:	 		
BBQ Chicken	Cheesy Corn Grits and Peas			
Mac and Three Cheese	Invisible Butternut Squash and Carrots			
Spinach and Cheese Ravioli	Veggie Marinara Sauce			
Cheesy Black Bean Pupusas	Southwest Veggie Quinoa			
Penne and Kaley Turkey Meatballs	Veggie Marinara Sauce and Broccoli			
Chicken Potstickers	Brown Rice & Quinoa Veggie Stir Fry & Edamame			
Chicken Super Nuggets	Sweet Potato Carrot Poppers and Broccoli			