

THEME: *Growing Up Healthy*

Our activities are selected based on the eight domains we use to guide the design and implementation of our curriculum and to measure a child's development & growth over time.

LANGUAGE & LITERACY DEVELOPMENT

Letters of the Week: Bb, Rr, Kk

Social Stories

Make Valentine Cards

Letter Puzzles & Sort & Match Uppercase &

Lowercase Letters

Diversity, Abilities, Feelings and Emotions Books

APPROACHES TO LEARNING

SELF-REGULATION

Calming Corner & Privacy Cube

Individual Activities: Lightboxes, Puzzles, Duplo
Legos and Fidget Toys

Social Stories: Tucker the Turtle & Sofia the Snail

Emotion Chart & Solution Kit

SOCIAL EMOTIONAL DEVELOPMENT

Positive Descriptive Acknowledgements (PDA/PDA+)

“Caught Being Good” Certificates

Practice using “I” messages when we use our words
to express ourselves

Staff Role Modeling Positive Behavior

ENGLISH LANGUAGE DEVELOPMENT

Nursey Rhymes Musical Storytime

Letter Fishing Game

Alphabet Sorting Objects

SPECIAL EVENTS & ACTIVITIES

- **FRIDAY 2/14**– Valentine’s Day Special Potluck 11AM -12PM

Children bring Valentines to give to their classmates—
Only write who the Valentine is from

- **MONDAY 2/17**—**FRIDAY 2/21** Preschool Closed for Mid-Winter Break

- **SHOW & TELL THEME DAYS**—

◇ Friday, 2/7 Starts with letter Bb,

◇ Friday, 2/14– Valentine Cards, (Sign Name only)

◇ Friday, 2/28—Starts with letter Kk

COGNITION INCLUDING

MATH & SCIENCE

Number of the Week: 16, 17, 18

Self-Watering Planters

Subitizing Numbers 1-6 (Using Dice)

Roll & Cover Patterns STEAM Bins

Construction Site (Sensory Table)

Link Block Numbers & Playdough Numbers

VISUAL & PERFORMING ARTS

Talent Show: Look at what I can do!

Music Time with Steve

Dramatic Play: Grocery Store

Dancing & Rhythm with musical instruments

PHYSICAL DEVELOPMENT & HEALTH

PE with Coach Adrian

Hopscotch & Obstacle Courses

Trikes & Scooter Boards

Outdoor Blocks: Balance Beams

Family Style Snacks & Washing Hands

Covering Our Coughs & Sneezes

HISTORY & SOCIAL SCIENCE

Make Valentines

Deliver Cards to Our Family

Make a Compass

Read a Compass

Directions North, South, East West

How food is grown: Farm-Store-Table

