

FOOTSTEPS@BARRETT

SEPTEMBER 2022 SNACK MENU



Children are served milk or water with each snack daily

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
29	30	31	1	2
Pita Bread, Hummus, & Fruit	Carrots, Hummus, & Fruit	Grilled Cheese & Fruit	Cheez Its & Fruit	Raisin Bran, Milk, & Fruit
5	6	7	8	9
Footsteps Child Care Closed in Honor of Labor Day	Honey Oat Bars & Fruit	Snap Peas, Hummus, & Fruit	Pita Bread, Hummus, & Fruit	Cheerios, Milk, & Fruit
12	13	14	15	16
Corn Chips, Salsa, & Fruit	Pretzels, Hummus, & Fruit	Quesadillas & Fruit	Graham Crackers, Cream Cheese, & Fruit	Popcorn & Fruit
19	20	21	22	23
FULL DAY PROGRAM AM: Waffles & Fruit PM: Chex Mix & Fruit	Rice Crackers, Hummus, & Fruit	Grilled Cheese & Fruit	Corn Chips, Salsa, & Fruit	Graham Crackers, Cream Cheese, & Fruit
19	20	21	22	23
Cheez Its & Fruit	Chex Mix & Fruit	Rice Crackers, Hummus, & Fruit	Nutri Grain Bars & Fruit	Popcorn & Fruit