



carisity



Dear Footsteps Families,

We are happy to announce a partnership with [Carisity \(formerly Edify\)](#), an online care & education service. To celebrate, we are inviting you to enjoy a complimentary sampling of what we offer! But first, a little bit about Carisity.

Carisity provides families with access to online, interactive care for children. Younger children can work on educational activities such as painting or playing, while older children can start on their homework or practice a musical instrument - all with the help of an online caregiver.

Carisity also provides engaging group classes. On **January 22nd, 2023** we are offering Footsteps Families a complimentary online event that you and your family can take part in. This is a great opportunity to spend time with other Footsteps families through fun & engaging activities, from the comfort of your own home!

Virtual Meditation & Yoga

K - 1st Grade



Learn how meditation & yoga positively affects the mind, body & spirit. We will practice a few helpful techniques & tools to use every day for calming our minds & bodies to promote peace, awareness & focus.

What you will need:

- Laptop or tablet to access the virtual event

REGISTER FOR YOGA & MEDITATION

<https://footsteps.carisity.com/courses/id/01GJ12PQ4ARMSSCE19GCDJKAHY>

Virtual Trivia Night

2nd - 5th Grade



Join us for kid's trivia and play along with the whole family! Our host will guide you and other families through an hour long trivia game.

What you will need:

- Laptop or tablet to access the virtual event
- Smartphone or tablet to enter your trivia answers

REGISTER FOR TRIVIA NIGHT

<https://footsteps.carisity.com/courses/id/01GJ12V33MCWJWSXNGH5E0B7N9>

Learn More

To learn more about Carisity visit <https://carisity.com>.

Registering for these events requires you to sign up with Carisity - <https://footsteps.carisity.com>



support@carisity.com
(585) 217-7537