Footsteps@Redwood Creek			January 2025	
Monday	Tuesday	Wednesday	Thursday	Friday
,		1	2	3
			AM Snack Yogurt Parfait	AM Snack Cereal with Milk
		OT OCED	Lunch	Lunch
		CLOSED	Whole Wheat Penne and Meatball	Chicken Super Nuggets
			PM Snack	PM Snack
			Chips and Salsa	Rice Cakes and Cream Cheese
5	6	7	8	9
AM Snack	AM Snack	AM Snack	AM Snack	AM Snack
Bagel with Cream Cheese	Pancakes	Yogurt Parfaits	Waffles	Blueberry Muffins
Lunch	Lunch	Lunch	Lunch	Lunch
Mac and Three Cheese	Veggie Tender Parm	Whole Wheat Penne and Meatballs	Spinach and Cheese Ravioli	The All Star
PM Snack	PM Snack	PM Snack	PM Snack	PM Snack
Graham Crackers and Fruit	Chips and Salsa	Grilled Cheese	Rice Cakes and Cream Cheese	Gold Fish
12	13	14	15	16
AM Snack	AM Snack	AM Snack	AM Snack	AM Snack
Cereal and Milk	Pancakes	Blueberry Muffins	Waffles	Yogurt Parfaits
Lunch	Lunch	Lunch	Lunch	Lunch
Chicken Super Nuggets	Whole Wheat Penne and Meatballs	Spinach and Cheese Ravioli	The All Star	Veggie Tender Parm
PM Snack	PM Snack	PM Snack	PM Snack	PM Snack
Chips and Salsa	Rice Cakes and Cream Cheese	Grilled Cheese	Gold Fish	Graham Crackers and Fruit
20	21	22	23	24
CLOSED	AM Snack	AM Snack	AM Snack	AM Snack
	Pancakes	Yogurt Parfaits	Waffles	Blueberry Muffins
	Lunch	Lunch	Lunch	Lunch
	Spinach and Cheese Ravioli	Chicken Super Nuggets	Veggie Tender Parm	The All Star
	PM Snack	PM Snack	PM Snack	PM Snack
	Gold Fish	Grilled Cheese	Rice Cakes and Cheese	Graham Crackers and Fruit
27	28	29	30	31
AM Snack	AM Snack	AM Snack	AM Snack	AM Snack
Yogurt Parfaits	Pancakes	Blueberry Muffins	Waffles	Cereal and Milk
Lunch	Lunch	Lunch	Lunch	Lunch
Veggie Tender Parm	Whole Wheat Penne and Meatballs	Spinach and Cheese Ravioli	The All Star	Chicken Super Nuggets
PM Snack	PM Snack	PM Snack	PM Snack	PM Snack
Chips and Salsa	Gold Fish	Grilled Cheese	Rice Cakes and Cheese	Graham Crackers and Fruit
			and Fat Free m	ilk for ages 2+)
Lunch is provided to our <u>subsidized</u> families through:			and an in Season Fresh Fruit or Vegetable	
Meal:	Served with:			AR.
Mac and Three Cheese	invisible butternut squash and carrots			
Chicken Super Nuggets	sweet potato carrot poppers and broccoli			
The All Star	mac and cheese, chicken super nuggets and broccoli			
Whole Wheat Penne and Meatballs	Broccoli		& Milk	
Spinach and Cheese Ravioli				