

# FOOTSTEPS@RAMS

## NOVEMBER 2018 SNACK MENU



*Children are served milk or water with each snack daily*

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1	2
			Goldfish String Cheese Fresh Fruit	Saltines Fruit Jelly Fresh Fruit
5	6	7	8	9
Trail Mix String Cheese Fresh Fruit	Wheat Thins String Cheese Fresh Fruit	*Cook Club Special* Flavored Popcorn Ritz Crackers Fresh Fruit	Cereal Milk Fresh Fruit	Nilla Wafers String Cheese Fresh Fruit
12	13	14	15	16
<b>Footsteps Child Care Full Day Program</b>	Popcorn String Cheese Fresh Fruit	*Cook Club Special* Smoothies Grilled Cheese Fresh Fruit	English Muffins Grape Jelly Fresh Fruit	Graham Crackers Milk Fresh Fruit
19	20	21	22	23
Pita Chips Hummus Fresh Fruit	Bagels Cream Cheese Fresh Fruit	<b>Footsteps Child Care Full Day Program</b>	<b>Footsteps Child Care Closed – Thanksgiving Break</b>	
26	27	28	29	30
Pretzels Wheat Thins Fresh Fruit	Turkey Roll Ups Cream Cheese Fresh Fruit	*Cook Club Special* Pizza bites Ritz Crackers Fresh Fruit	Toasted Bread Fruit Jelly Fresh Fruit	Popcorn String Cheese Fresh Fruit